

# 2022 CALENDAR OF EVENTS

**MONDAY 3rd October** 9.30am - 11.30am

**MCC Walkers and Star Weavers** **FREE EVENT**

Join the walkers at 9.30am then head back to the centre at 10.30am for morning tea and star weaving.

#onebillionstarstoendviolence

**WEDNESDAY 5th October** 10.15am-11.00am

**Seniors Basketball skills** **FREE EVENT**

New people welcome. Come along for a fun free morning of basketball skills with our very own Mordy Flyers coach, Jess McKenna.

**THURSDAY 6th October** 9.30am-11.00am

**Bike Riding** **FREE EVENT**

Join our bike riding crew and volunteer leaders for a special Seniors Month Ride around the local community.

**MONDAY 10th October**

**Tai Chi** 9:15am - 10:15am **Cost: \$9.50**

Tai Chi is a series of gentle physical exercises and stretches. Each posture flows into the next without pause.

**NEW MEMBERS FREE FIRST TRIAL**

**Hearing Van** 9:00am - 12:00pm **FREE**

The Hearing Van is here from 9am-12noon, bookings are essential.

**TUESDAY 11th October** 10.00am - 12:00pm

**Mahjong Open Day** **Cost: \$3.00**

Mahjong is a Chinese game played with tiles. The aim is to make matching sets or pairs

**NEW MEMBERS FREE FIRST TRIAL**

**WEDNESDAY 12th October** 12.00pm-3.00pm

**MCC Mordy Munch with Elvis** **Cost: \$38.00**

Please join us for a fun afternoon with special guest entertainer Damian Mullin at the Mordialloc Football Club. Bookings are essential, please refer to flyer on back.

**MONDAY 17th October** 9.15am -10.00am

**Masala Bhangra with Naki** **FREE EVENT**

Masala Bhangra is an Indian dance based fitness class, inspired by Bollywood and Indian folk dancing.

**THURSDAY 20th October** 11.00am -12.30pm

**Prymeball** **FREE EVENT**

Prymeball is a game of modified volleyball. New people welcome. Suitable for all fitness levels.

**MONDAY 24th October** 9.30am -10.15am

**Seniors Ballet Class** **Cost: \$5.00**

Join in the fun of experiencing a Beginner Ballet class. No prior ballet experience necessary.

**TUESDAY 25th October** 1.30pm - 3.30pm

**High Tea @ MCC** **Cost: \$32.00**

Please join us for a fun afternoon with special guest entertainer Richard Swanson. Bookings are essential, please refer to flyer on back.

**THURSDAY 27th October** 8.45am - 3.00pm

**Seniors Bus Trip** **Cost: \$65.00**

See the city, Royal Botanic Gardens and Herring Island from the water. Join us for this very special 3 1/2 hr cruise up stream on the Yarra. Includes morning tea, lunch and cruise. Bookings are essential.

**Departs 8.45am from MCC Return approx. 3.00pm**

**For further information on all our MCC Seniors Events**

please call

Kathy Mayberry on 9580 3675 or  
email: [kathy@mordicc.org.au](mailto:kathy@mordicc.org.au)